



ROOTS TO WINGS, LLC.

# LITTLE HANDS

BIG HEARTS



## ATTACHMENT PARENTING

REPLACING THE GOAL OF OBEDIENCE WITH CONNECTION AND TRUST..

We understand.... KIDS ARE FRUSTRATING. Imagine a long, hard day at work and coming home to your 5-year-old screaming at you that you put their snack in the red bowl instead of the blue bowl. HOW DARE YOU? Well, we know this may seem frustrating and trivial, but in their world that blue bowl is EVERYTHING. So...how do we respond during these times of frustration? CONNECTION BEFORE CORRECTION!

## CONNECTION BEFORE CORRECTION

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WHAT DOES CONNECTION BEFORE CORRECTION MEAN?

IDEAS/ACTIVITIES





## WHAT DOES CONNECTION BEFORE CORRECTION MEAN?

### CONNECTION > OBEDIENCE

Connection before correction focuses on shifting the expectations of the child. The focus should be on connectin and trust rather than obedience.... that comes after. It is important to expect developmentally appropriate behavior. "You should do what I say" overlooks aspects of child development where they are exploring and establishing their own independence. "Not listening" may be a sign of distance in the parent-relationship, the child showings signs of noral human feelings, inability to comprehend the direction, etc. Connection before correction may be the answer!

IF THERE IS CONNECTION AND TRUST IN THE PARENT-CHILD RELATIONSHIP...

*obedience should come naturally...*

...when we recognize the purpose of our child's behavior

...when we communicate with respect

...when we communicate with empathy

...when we actively listen

...when we focus on the value of their uniqueness

...when we connect with our child before correcting the behavior

...when we realize our reactions affect our child's behavior

**"MEET THE NEEDS,  
GET THE  
COOPERATION."  
-KELLY BARTLETT**

## IDEAS for CONNECTION

SPECIAL TIME ACTIVITIES WITH YOUR CHILD

HUGS/PHYSICAL CLOSENESS

DURING TIMES OF MISTAKES

ASK CURIOSITY QUESTIONS

USE NATURAL CONSEQUENCES

OVER IMPOSING

CONSEQUENCES