

A Few of Our Favorite Resources for Parents:

Websites:

https://www.nctsn.org/	National Child Traumatic Stress Network
https://developingchild.harvard.edu/	Center on the Developing Child: Harvard University
https://www.joinonelove.org/	ONE Love Foundation: healthy relationships & workshop development
https://www.gobbelcounseling.com/shop	webinars for clinicians and parents
http://store.beyondconsequences.com/webinars/	webinars for clinicians and parents
https://www.circleofsecurityinternational.com/	Circle of Security-attachment parenting
www.beaconhouse.org.uk	Beacon House-UK
mdcsl.org	MD Community Services Locator

Books:

The Whole Brain Child	Siegel	love based parenting
No Drama Discipline	Siegel	love based parenting
The Power of Showing Up	Siegel	love based parenting
Anxious Kids, Anxious Parents	Wilson & Lyons	
How to Talk so Kids Will Listen and Listen so Kids Will Talk	Adele Faber & Elaine Mazlish	
No Mind Left Behind: Understanding and Fostering Executive Control-The Eight Essential Brain Skills Every Child Needs to Thrive	adam cox	ADHD
Lost in School and The Explosive Child	Ross Green	adhd
Smart But Scattered	Peg Dawson,	adhd

	Richard Guare	
Late, Lost, and Unprepared	Joyce Cooper-Kahn, Laurie Dietzel	adhd
Beyond Consequences	Heather Forbes	parenting and trauma

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